

LUMILIFT/LUMIFACIAL

PRE & POST CARE/CONTRAINDICATIONS



PRE-TREATMENT CARE

- You may not be treated if you:
 - have any light sensitive conditions including epilepsy
 - have a pacemaker
 - have used isotretinoin in the last six months
 - have damaged/open skin including cold sores
 - are currently undergoing cancer treatment (chemotherapy/radiation)
 - have an immune system disease (Hepatitis C, Aids, HIV, Collagen Vascular Disease, or other)
 - have had any of the following in the past 14 days: chemical/enzyme peel, laser hair removal, photofacial, RF skin tightening
 - have had any of the following in the past 7 days: waxing, threading, other hair removal
 - have had botox or dermal filler in the past 14 days
 - have active eczema, psoriasis, or dermatitis in the area
 - have an allergy to skincare products
 - are pregnant or breastfeeding
 - Wait 6 months following isotretinoin (Accutane)
 - If you have frequent cold sores, ensure you have taken cold sore medication prior to treatment, flare ups can happen post treatment
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THE DAY OF

- Arrive to your appointment with the treatment area free of make up
 - Begin the day with your regular skin care routine (actives are completely safe with this treatment)
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POST-TREATMENT CARE

- Continue on with your regular skin care routine the night or following morning of the treatment. Depending on the time of day, your technician will apply SPF. If they apply SPF, please cleanse your skin at night.
 - If you experience any red marks/swelling, they will usually go away on their own, and they are very uncommon. If they appear to be worsening, take photos and contact Odette's Clinic immediately.
 - Use post care as follows: continue on with regular skin care routine
 - Active products sold by Odette's will allow for higher settings to be used on the machine, as your skin will be stronger and more hydrated. Speak with your technician to see what you can do to amplify your results.
 - LumiLift and LumiFacial procedures are healing and regenerating the skin. Ensure you are wearing SPF between appointments, otherwise, the tissue will not heal or regenerate in the same way.
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NEXT TREATMENT

- Treatments are scheduled based on consultation with technician. Treatments are safe to have 3 x weekly to 1 x monthly, for best results, more treatments will be had until the client is happy with the results. Once happy, treat 1 x monthly to maintain
- If you experience any side effects to this treatment that you are unsure of, or that have not been explained to you, contact Odette's Clinic immediately with pictures (if applicable)
- LUMIFACIAL ONLY: Ensure you have spoken with a technician regarding diet/lifestyle to see what other changes can be made for best results